



Self-Tape May

2024 PLANNER

MON	TUE	WED	THU	FRI	SAT	SUN
29	30	01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

GOAL: 16 SELF-TAPES

To Do List

Name :

Date :

Priorities

1. Sides - APB has you covered
2. Set-Up - Helpful links below
3. Support System - We're doing this TOGETHER!
- 4.

To Do

- Practice with your set-up
- Equipment Check
- Select Your Sides
- This prep upfront helps A LOT
- Connect with your readers
- Our community and private forums help make scheduling another actor to read with you much easier!
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Goals

Notes

Self-Tape May

RESOURCES

SIDES

[ActorPlaybook Stock Sides](#)

[ActorPlaybook Sides Database](#)

[TV Scripts](#)

[Film Scripts](#)

[ActorsAccess - From the services tab in the menu, click GET SIDES](#)

[Stock Sides from OneOnOneNYC](#)

[Enroll at SelfTapeMay.com](#)

SELF-TAPE GUIDES

[Article 1 - BackStage](#)

[Article 2 - Brette Goldstein, CSA](#)

[Article 3- Penny Templeton Studio](#)

notes

personal growth

Date : _____

What are my potential "road-blocks"
and how can I get past them?

What do I want to learn?

My Affirmation

Notes

SELF-TAPE LOG

ROLE NAME/SHOW	JOB/STATUS	RESEARCH
Note the name of your role, what show/film and network it is from if you can find it!	Lawyer, Mobster, Mom? Upper middle class, White collar, homeless?	Who booked the part? How did this feel to prep? What feedback did you receive?



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